

10K-Series-2010-Ladies							
	Name	Club	Age Category	N&D	MRR	FH	Total
1	Melissa Whyte	Inverness Harriers	FV	35.22	35.51	36.45	107.58
2	Elsbeth Jenkins	Moray road runners	FV	42.27	41.25	41.09	125.01
3	Jackie Mair	Inverness Harriers	FV	41.08	42.09	44.50	128.07
4	Rowena Dustan	Metro	F	43.35	43.32	44.56	132.03
5	Paula Ross	None	F	43.49	44.18	44.03	132.10
6	Carrie-Ann Ward	Forres Harriers	F	45.11	44.20	45.47	135.18
7	Barbara Anderson	Keith & District	F	45.45	46.26	46.15	138.26
8	Sarah Houston	Moray road runners	FSV	45.26	46.00	47.44	139.10
9	Angela Reid	Keith & District	F	47.47	47.31	47.53	143.11
10	Elaine Brown	Keith & District	FV	48.08	47.42	47.24	143.14
11	Roma Davidson	None	F	48.07	48.23	46.49	143.19
12	Sine Mackay	None	F	47.11	50.19	48.09	145.39
13	Leanne Barry	Keith & District	F	48.10	48.04	51.26	147.40
14	Chrissie Lafferty	None	FSV	49.40	48.46	49.20	147.46
15	Linda Smith	Moray road runners	FV	49.47	49.09	49.56	148.12
16	Clare Nicholas	Forres Harriers	FV	49.51	48.26	50.55	149.12
17	Sandra McCruden	None	F	51.28	49.16	48.40	149.24
18	Ros Wright	Forres Harriers	FV	50.08	49.40	52.10	151.58
19	Shona Spencer	Forres Harriers	FV	51.08	51.28	51.41	154.17
20	Lorna Fraser	Nairn Road Runners	F	53.15	51.03	52.36	156.54
21	Sarah Riddle	None	F	54.35	51.21	52.11	158.07
22	Amanda Strang	Moray road runners	F	53.05	54.01	52.39	159.45
23	Hayley Livesey	Forres Harriers	F	55.04	53.07	52.40	160.51
24	Carol Simmonds	None	FSV	52.54	54.09	54.28	161.31
25	Anne Docherty	Forres Harriers	FSV	53.47	53.55	54.58	162.00
26	Magdalene Edmond	Jog Scotland Forres	FV	54.12	54.27	53.57	162.36
27	Karen Martin	None	F	56.44	53.24	53.57	164.05
28	Tracey McBean	None	F	56.52	54.56	53.47	164.35
29	Rachel McClure	Moray road runners	FV	56.18	55.09	55.59	167.26
30	Dorothea Dolan	None	FV	58.31	58.27	59.09	176.07
31	Menita Dickenson	MRR	F	59.01	57.56	62.44	179.01
32	Jenni Coelho	Moray road runners	FV	63.18	61.04	59.29	183.51